

AVALANCHE ECHOES

Next Meeting: **Tuesday, January 23 at 7:30 p.m.**

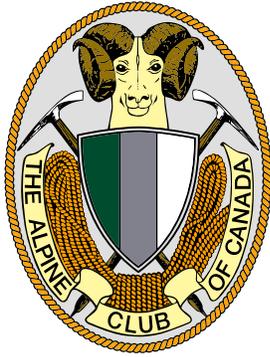
FLORAL HALL, VANDUSEN GARDENS, WEST 37TH AND OAK ST, VANCOUVER

Down under to up top

Slide presentation by
Graham Rowbotham

Pictures and stories from rock climbing in Australia to the summit of the South Peak of Mt. Walsh, Yukon—possibly the highest unclimbed peak in North America. Plus some BC style mountaineering in the Chilko Lake area.





THE AVALANCHE ECHOES is published nine times per year by the Alpine Club of Canada, Vancouver Section.

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DESIGN: Martin Naroznik

This newsletter is the official publication of the Alpine Club of Canada, Vancouver Section. It keeps members informed on topics of interest to mountaineers including activities within the club, equipment, techniques, access, and environmental issues.

The club meets monthly, usually for a slide presentation, at the Floral Hall in VanDusen Gardens, W 37th and Oak St., at 7:30 pm on the fourth Tuesday of the month, except in July, August and December.

ANNUAL MEMBERSHIP DUES

Vancouver Section:
Single \$61.00
Family \$81.00
Junior \$34.00 (under 18)

NATIONAL ACC OFFICE

For new memberships and renewals, changes of address or other details, and booking huts, contact the ACC National office directly:
P.O. Box 8040 Canmore, AB, T1W 2T8,
Fax: 403-678-3224, Tel: 403-678-3200, or
e-mail: info@alpineclubofcanada.ca, or visit
www.alpineclubofcanada.ca

ACC VANCOUVER SECTION

For information on Vancouver Section activities and events see:

www.accvancouver.ca, or e-mail:
accvanem@telus.net, or
Tel: 604-878-5272 (Section Info-line).

Mailing address:

ACC Vancouver Section,
c/o Federation of Mountain Clubs of BC
130 W Broadway, Vancouver, BC V5Y 1P3

SUBMISSIONS

We encourage submissions of writing, photography, drawings, etc.. If possible, articles should be submitted by e-mail (about 500 words). Photos and slides are always needed (JPG format is preferable). Deadline for submissions is the last day of the previous month.

ADVERTISING

Advertising in the Avalanche Echoes shall be accepted at the discretion of the Editor. All advertising shall be for products or services of direct interest to our membership.

EDITORIAL POLICY

Suitability for publication is at the editor's discretion within the guidelines of the Section Executive. Articles may be edited for clarity or to fit the available space.

Alpine Club Executive

Chair	Tony Knight	604-873-2276
Secretary	Richard Keltie	604-738-4583
Treasurer	Rob Brusse	604-224-0747
Membership	Marilynn Hunter	604-929-9549
Trip & Climbing Schedule	Jay MacArthur	604-987-1232
	Lynn Erickson	604-224-4883
Camps Coordinator	Mike Thompson	604-534-8863
Skills Development	Susan Baldwin	604-732-4562
National ACC Rep	Rob Brusse	604-224-0747
FMCBC Rep	David Toole	604-608-6848
Echoes Editors	Anita Leonhard	604-988-6486
	Martin Naroznik	778-892-2167
Programs	Susan Higginbottom	604-925-3742
Socials	Olga Turok	604-228-0628
Access & Environment	Antje Wahl	604-988-6486
Promotion (acting)	Jay MacArthur	604-987-1232

Special Project and Committee Volunteers

Tantalus Lake Lovelywater and Jim Haberl Huts

Hut Bookings Coordinator	Ron Royston	work 604-687-2711 home 604-921-8164
Hut Operations and Maintenance Committee	Liz Scremin Ron Royston, Peter Taylor, Colin Boyd, Dustin Hines, Chris Kiely and Blair Mitten	604-921-2651

Service Committees and Special Projects

Quartermaster	Bill Sims	604-224-0747
Website Committee	Richard Keltie	604-738-4583
	Tony Knight, Martin Naroznik	
VOC Liaison	Antje Wahl	604-988-6486
Archives Committee	Liz Scremin	604-921-2651
	Irene Goldstone	604-689-8737
	Liz Wright	

Announcements

New On-line Membership Profile

We mentioned it in the last newsletter, but it bears repeating: we now have an online "membership profile" function up and running on the ACC National website: www.alpineclubofcanada.ca. In response to feedback from Section and Members, a lot of time and effort was put in by volunteers and staff to turn this into a reality. Some of the benefits of this new function are:

- ♦ Members can now go online and update their contact information whenever and as often as they like
- ♦ Changes to contact information is immediate
- ♦ The Sections no longer have to act as a "middle man" to pass contact information changes on from members to National.
- ♦ By updating the information themselves, members will be assisting us by helping to reduce the mistakes in our database caused by human error
- ♦ We will reduce the time and costs associated with returned mail from incorrect mailing and email addresses

And last but not least: this is where you can indicate whether you would prefer to receive the Avalanche Echoes newsletter by email or post.

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Announcements continue on page 4

Letter from the Chair

I would like to thank everyone for making 2006 a special year for the ACC national Centennial, from the Vancouver Section Executive volunteers, to members who organized camps, workshops or trips. The Section celebrated the ACC centennial with several events including a camp at Lake Lovelywater in the summer, a hike up Grouse Mountain in May, and a special September social featuring Kathryn Bridge speaking on the history of Don and Phyllis Munday.

Also very special was the official dedication and opening of the Jim Haberl Hut, which represents a huge achievement of many volunteers over nearly 5 years, from initial fund-raising, through design and construction, to opening in July this past summer. Nearly everyone who has worked on the hut or been up to the site has marvelled at the spectacular, even bold, setting of the cabin.

Finally, thanks to everyone who braved unusually cold and snowy conditions in Vancouver, to come out to the November social, potluck and annual general meeting. At the AGM, the Section re-elected most of the past Executive for the coming year. Thanks go to those stepping down for their contributions, including Andrea Morgan – ACC National Rep, who has found Yellowknife more attractive than just a temporary posting, and Ian McGillivray, for co-chairing the climbing and trips schedule.

Continuing on in existing and new roles from last year are Richard Keltie – Secretary and Webmaster, Rob Brusse – Treasurer and ACC National Rep, Anita Leonhard and Martin Naroznik – Echoes Co-editors, Susan Higginbotton – Program, Sue Baldwin – Skills Development, and Antje Wahl – Access and Environment, plus Varsity Outdoor Club rep. Mike Thompson moves into the reinstated role of Camps Coordinator – in hopes this year to keep all the camp organizers really organized!

Please welcome new faces to the Section Executive: Lynn Erickson, who joins Jay MacArthur to look after the climbing and trips schedule, and an official welcome to Olga Turok, who began filling the socials coordinator position earlier this year, providing refreshments and munchies for the socials. Finally, a special welcome to the past President of the Alpine Club of Canada – David Toole, who is now spending more time on the west coast and takes on the position of FMCBC Rep for the Section.

With the completion of the Jim Haberl Hut, the task of running the new cabin passes onto the ACC Vancouver Section. A Huts Committee has been formed to oversee the operations and maintenance of both the Tantalus Lake Lovelywater and Jim Haberl Huts. The committee comprises Ron Royston, who continues as Tantalus Hut Custodian and Booking Coordinator

for both huts, Liz Scremin, Peter Taylor, Chris Kiely and Dustin Hines, and Blair Mitten. Liz is acting as the Haberl Hut Custodian and Committee Chair, but a permanent Haberl Hut custodian is still being sought. Contact Ron or Liz if you are interested in going up to either hut to go climbing, or help with maintenance, or both.

Looking forward to 2007, I hope the Vancouver Section will be able to offer many exciting opportunities for trips, camps, workshops and more. This year, we plan to offer the return of several very popular camps, including another spring ski trip, organized by Mike Thompson, somewhere deep into the snowfields of the Coast Range. Rob Brusse is planning to run another Rogers Pass summer camp, including a return visit to the Bugaboos. We also plan to run some courses and workshops including another early-summer rock refresher at Squamish, rock rescue with a certified rock guide, and wilderness first aid. We are also planning another leadership workshop evening with Rick Davies. Several years ago, Rick ran a very interesting and engaging evening that focussed on the “soft skills” of leadership, one that helps to cultivate leadership abilities and improve confidence and group management skills for trip organizers.

Besides outdoor activities and adventure, the ACC has been working hard to improve services to members. On the National ACC website, some improvements you will see are the new member “My Profile Administration”. The Vancouver Section has been involved with this project as a “beta” site to test new Section preferences, including selection of delivery of the Echoes newsletter by e-mail or paper mail. You can now go to these web pages for and select your choice for delivery of the Avalanche Echoes newsletter. To encourage the e-mail option and reduce the amount of paper we print and mail out, the Section Executive resolved to discount the Section fee by \$10 for members electing to receive their newsletter by e-mail. We hope to see this fully implemented in 2007. The Vancouver Section website has also been getting a major overhaul thanks to Richard Keltie, who volunteered to take on the webmaster duties in addition to Secretary. Hopefully as you read this, the new site should be on-line at www.accvancouver.ca.

Our trips schedule is looking better for the first couple months, but we can always use more trips on the schedule. If you're even thinking of organizing a trip, give Lynn or Jay a call, or send them an e-mail. Also check the new website for suggested trip destination ideas.

—Tony Knight

The Chair, Vancouver Section of Alpine Club of Canada

Update on the Vancouver Section Archives

In 2006, the Club received several interesting and important donations to the Vancouver Section archives. The Section is very grateful for these donations and extends thanks to long-time ACC members, Paddy Sherman and Elizabeth Guildbride.

Paddy Sherman donated:

- ◊ 9 mountaineering books, including an autographed copy of his own book, *Expeditions to Nowhere* (McLelland and Stewart, 1981)
- ◊ 8 multi-page newspaper clippings from the Vancouver Province, dated 1954 to 1957, including articles on the terrible airplane crash on Mount Slesse, the dramatic rescue of Alick Patterson on Mount Seymour and several articles about mountaineering written by Paddy himself (Paddy Sherman was a staff writer, then the editor and publisher of the Vancouver Province Newspaper.)
- ◊ Paddy's lecture notes for the 'Over The Hills But Still Climbing' lecture series by the North Vancouver Public Library in 2003

Elizabeth Guildbride donated:

- ◊ numerous boxes of slides by her husband, Pat Guildbride, who sadly passed away last year. The slides date from 1951 to 1987 and are of hiking and climbing on Vancouver Island, in the southern Coast Mountains, at the 1967 Yukon Alpine Centennial Expedition's Steele Glacier Camp and numerous other ACC General Mountaineering Camps in the Rockies.

Other additions to the Vancouver Section Archives include:

- ◊ 2 copies of the special centennial edition of the 2006 Gazette
- ◊ 1 booklet of 8 commemorative 'Mountaineering' stamps, as issued by Canada Post in July 2006 in honour of the Club's centennial
- ◊ 2 copies of the Official First Day Cover envelope complete with stamp, as issued by Canada Post in July 2006

For more information about the Vancouver Section archives, contact Liz Scremin at 604-921-2651 or liz@pensiamo.com

VIMFF 2007 announces call for submissions for Mountain Photo Competition

The 10th Annual Vancouver International Mountain Film Festival has announced its call for submissions for the Mountain Photo Competition held as part of the festival from February 16–24, 2007.

The photo competition has been an integral part of the festival, says VIMFF co-producer, Ivan Hughes. It's an opportunity for photographers to present their mountain imagery to the public and exchange ideas with other photographers as well as mountaineers, climbers and outdoor enthusiasts alike. Every year the VIMFF gets a stunning selection of entries from around the globe.

Competition details

The competition is open to amateur and professional photographers.

Categories:

Mountain Adventure images depicting mountain sport such as climbing, mountain biking, skiing, mountaineering, etc.

Mountain Culture (People) images depicting mountain people, their customs and traditions relating to their mountain environment.

Mountain Landscape scenic images depicting the mountains

Mountain Flora and Fauna - plants and animals found in the mountain environment.

Prizes:

Grand Prize: Two week guided trip in Northern Pakistan with Nazir Sabir Expeditions (all inclusive, except for airfare to Islamabad, Pakistan), worth CAD \$2,200

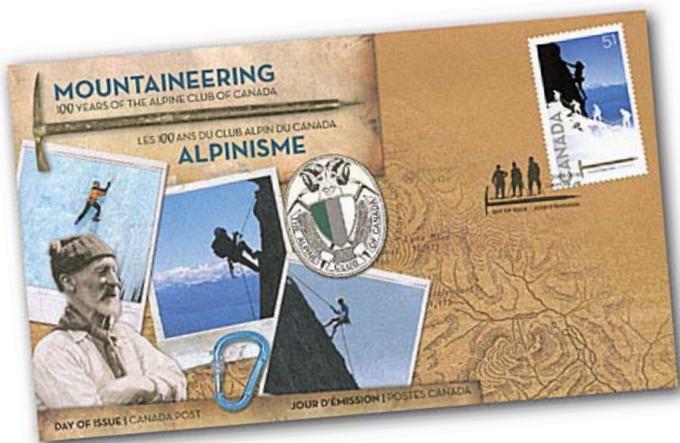
Category Winners: Outdoor equipment donated by Arcteryx, MEC, and Helly Hansen.

Exhibition: The winning images will be displayed at the Centennial Theatre in North Vancouver from mid-February to mid-March 2007. They will also travel with the VIMFF 2007 Best of the Fest Tour. Submission guidelines and entry forms can be found at www.vimff.org

Spaces available on Battle Abbey Ski Touring Trip (non-ACC trip)

- ◊ Dates: March 11–17, 2007
- ◊ Location: Battle Abbey Chalet, Southern Selkirs
- ◊ Cost: \$1,600 (hut, helicopter and guide)
- ◊ Contact: Bruce Fairley • 250-344-2241 • bruce@goldenlaw.ca

Battle Abbey is a remote chalet in the southern Selkirs. It is a difficult hut to book because it is owned by guides who use the hut mainly for their own trips. It was originally built by Hans Gmoser and Bill Putnam and sits on a high alpine bench above Butters Creet, overlooking Mount Butters. A group of largely ACCers from Golden have the hut for the week of March 11–17, 2007 and there are currently four spaces available. Cost is fairly high at \$1,600 but helicopter and guides are included. Guides are mandatory at Battle Abbey. Cooking will be arranged by food groups. Of course, the skiing is spectacular and the scenery breathtaking. Interested persons should contact Bruce Fairley.



Alpine Club of Canada – The Movie Version

In celebration of our Centennial, Bob Sandford of the Mountain Culture Committee has produced a DVD of the history of the Alpine Club. The DVD runs at about 15 min, and is available to interested members. Windows Media Player is all you need to view the disc. Please contact Rob Brusse if you'd like more information.

New ACC Members

Please welcome the following new members to the Vancouver Section: Ian MacLean, Janie Rae, George Kokuryo, Ryan Klingman, Josephine Martyn, Douglas Feely, Leila Marandian, Wendy Fletcher, Mark Turner, Jo Yee Yung Fung, Pierre Signore, Deb Kovacs, Hamish Todd, Michael Traslin, Andy Traslin, and Rod Gray.

New Section website: www.accvancouver.ca

Richard Keltie has just released our new Section website. Check out our new fresh look at our regular address www.accvancouver.ca.

Many thanks to Richard, who took on the task back early fall of updating and improving our website to make it much more current and maintainable with web publishing software. Also thanks to Martin Naroznik for producing the photo montage on the top of the home page. Finally, many thanks to Richard for enduring lots of review comments from a few of us.

One major change to note, the trip schedule will now be maintained on our website rather than Bivouac.com. This allows us to maintain it in one place, and provide the "look and feel" we want. The schedule will be taken off Bivouac shortly, but the link to our club and website will still remain.

Camps

Campbell Icefields Winter Ski Camp Still Some Spots Available

- ◊ Dates: January 6 to 13, 2007
- ◊ Location: Campbell Icefield Chalet, Northeast of Golden.
- ◊ Cost: \$1,200 per person (est., depending on helicopter rates), includes hut fees and catering.
- ◊ Contact: Jay Straith at 604-983-4200 or jstraith@direct.ca

Trip info at www.aebc.com/acc/act.asp

Campbell Icefield Chalet website at www.skigolden.com

Goddard Glacier Spring Ski Camp

- ◊ Dates: April 21 – 29, 2007
- ◊ Location: Fixed base spring ski camp at the Goddard Glacier.
- ◊ Cost: TBD
- ◊ Contact: Mike Thompson at 604-534-8863 or by email: thompson_foundry@telus.net

This is an intermediate to expert ski area. We will fly in and out from this camp, with the proposed camp area on the Goddard Glacier.

Workshops

Tele Skiing Clinics (joint ACC/BCMC)

- ◊ Dates: January 17th and February 14th, 2007
- ◊ Location: Cypress Bowl
- ◊ Contact: Isabel Budke, ibudke@sfu.ca

Isabel is holding two tele skiing clinics for all club members wishing to improve their telemark skiing technique. Sessions will be held at the Cypress ski hill. Meet at the ticket booth at 6:30 pm. If you wish to join, please email Isabel to let her know that you are coming.

Avalanche Awareness Course with Canada West Mountain School

- ◊ Dates: Thursday, February 15, 7–10 pm, 47 West Broadway
- Saturday, February 17, all day, Seymour (to be confirmed)
- Sunday, February 18, all day, Whistler (to be confirmed)

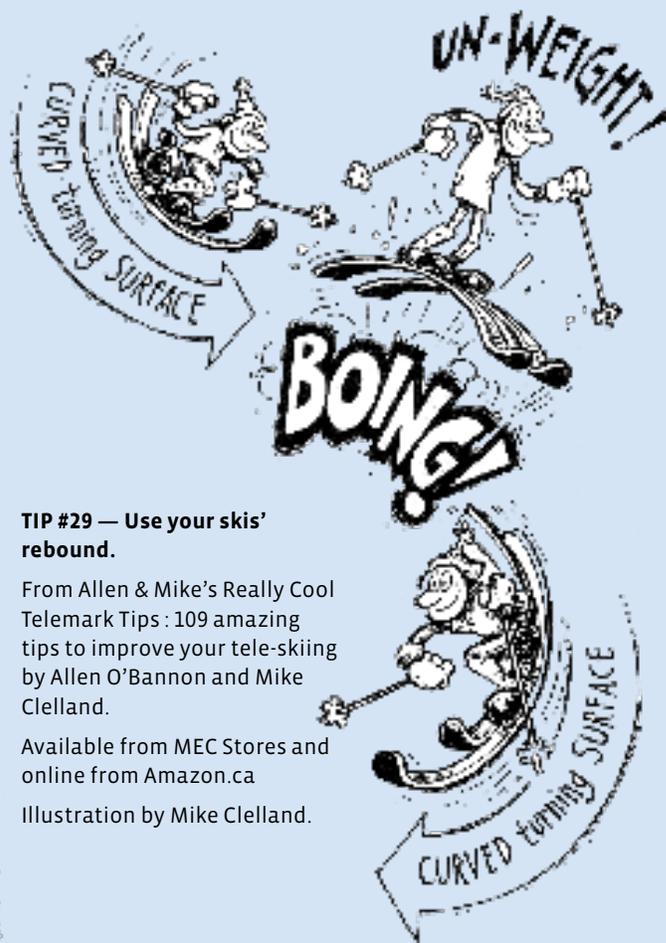
CWMS is holding this course for a group of 8 ACC-Vancouver section members at their special rate of \$180 + tax per person. Participants should be backcountry skiers or boarders. The course now includes new information on the Canadian Avalanche Centre "Avaluator".

If you wish to attend please send your name, contact information and a cheque for \$190.80 made out to "Alpine Club of Canada, Vancouver Section" to: Susan Baldwin, 222 2680 West 4th Ave., Vancouver, BC V6K 4S3 • Please note: Backcountry lift tickets at Whistler on the Sunday will be extra (\$37).

IMPROVE YOUR TELEMAR TAKE ISABEL'S CLINIC

17 January & 14 February

see details under workshops



TIP #29 — Use your skis' rebound.

From Allen & Mike's Really Cool Telemark Tips: 109 amazing tips to improve your tele-skiing by Allen O'Bannon and Mike Clelland.

Available from MEC Stores and online from Amazon.ca

Illustration by Mike Clelland.

Needle Peak

by Ron Dart



Left to right: Randy Klebe, Ron Dart, Morgan Jones, Nadine Unrau, Wayne Henderson, Oly Eichstadt, Marcy Bond, Maurice Dodd

A group of us a few weeks earlier had taken to Zoa Peak in the Coquihalla area. The snow had just begun to return for another season, and we could still trudge our way up the steady edge of the hill without snowshoes or skis. The large snowstorm that followed a few weeks later had not yet arrived.

A pleasant gathering arrived in the parking lot in Sardis on Saturday December 2nd to head up the Coquihalla road once again. The highway was bare in the lower region, but snow packed near the summit before the toll booth. A few trucks and jeeps pulled over on the right by the summit and drove to the highway works yard. There was plenty of powder snow, so snowshoes were eagerly strapped on, and the ascent

through the forest began.

The snow ramble and tromp from the works yard through the thick forest laden with snow was made easy by an earlier group that had skied up. We followed in their well carved tracks, and within a couple of hours, we had left the forest well behind. We were soon on a lower snow packed ridge, and it was at this pleasant and wind still place that some decided to slow down to a halt and stop. A few of us continued across the wind swept higher ridge, snowshoes digging well into icy patches and higher yet. Those of us who took to the upper ridge had the privilege of watching those on skis carve their eager way down through long powder light slopes on the snow piled

peaks and long ridges across from us. They were like young children at play.

Lunch now behind us, the weather still kind and generous to us, the group regathered and we headed back through deep powder (ignoring the easier and well trod trail) and the compact forest to the trucks and jeeps again. It was a fine day with memories that will last for many a pleasant moment. We were back in Sardis as dusk joined us, and a generous alpine glow treated us from Mount Baker's stately and distant peak.

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Participants: Marcy Bond, Ron Dart, Maurice Dodd, Oly Eichstadt, Wayne Henderson, Morgan Jones, Randy Klebe, Nadine Unrau
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Another successful ski tune up last December, conducted by Colin and Jacob Boyd. Inside a crowded garage we were able to give a quick instruction of ski tuning and got to work and tuned about eight pairs of skis. It was followed by a briefing of what to bring in an emergency tool repair kit. There will be another session next year, bring your skis and epic powder ski stories.

A QUICK CHECK AND TUNE-UP FOR YOUR SKIS

- Thorough visual inspection of tip to tail look for de-lamination, fractures lines and base lifting
- check and tighten all screws securing bindings to skis, put boots in bindings, check bindings, condition of cable, any fractures in bindings, check tolerance, fit, release and action
- clean ski bases
- remove burrs on edges, fill base scratches, scrape excess, sharpen edges
- hot wax with iron, scrape and buff wax
- check poles, baskets, straps, height adjustment.

Phelix Creek Ski Trip

by Klaus Haring



Approaching Brian Waddinton Hut in light snowfall.

Last February I led an ACC trip to Phelix Creek. Interest was low in spite of some clear weather towards the end of the week. I had the usual problem of lack of transportation. After putting one person on a waiting list and a cancellation I had only two passengers with skis and packs inside my Suzuki Sidekick, a full load. Driving up Blackwater road it soon became apparent that this approach is suitable for 2WD. The first 2 km were bare, then smooth ice and compact snow, a generous 2 lanes wide on gentle grades. The road was plowed to a few 100 m beyond the 11 km marker, that is 13 km from the highway. The Phelix Cr. junction is at the 12 km marker just beyond the bridge. The yellow km markers appear to be measured from the Blackwater Cr. bridge.

There was at least ½ m snow at the start of the road, becoming more higher up. From the car it took us a little over 3 hours to the end. All day long it had been overcast with the sun only a fuzzy ball of light that gave no heat or shadow, now it began to snow lightly and continued all weekend. In spite of all the snow there was quite a bit of alder showing. We first stayed in the flat valley bottom which was quite uneven with many well-covered dead falls. When the valley steepened we soon were forced to steep sidehilling in very dense forest -- short, steep switchbacks alternating with level sections and even small drops. It was tough going and difficult route finding, any flagging we saw soon disappeared.

On the road we had followed old ski tracks, but they headed up the alder slope where we traversed to the creekbed and we never met them again. The hut register showed no entry for 2006. On the final steep slope below the lake the boulders were capped by huge snow mushrooms, it looked like

an icefall. It was tricky finding a way and on the descend we had to watch out not to take too much air. The good thing about the hut is that once you gain Long Lake you can see it in the distance. That gave us renewed strength to plow through the deep snow. The door was drifted in up to the latch and around the hut the snow came up to the window sills. I have never been there in the summer, so I dont know how much of a snow depth that makes. In an attempt to dig a well on the lake I hit solid ice 40 cm down. We had just enough daylight to get some water from the small creek that comes in at the NW end of the lake. It was -10°C, and when I got my skins wet they froze immediately, making them drag terribly.

That was one reason I was not too keen to explore the area near the hut the next morning. There seem to be no good ski slopes nearby. The forest is quite dense

and to the south where it ends soon the slopes above are very steep. In the north a broad avalanche path leads to the open terrain between Aragorn and Gandalf, but in the flat light and poor visibility it was not worth risking it. So, after a leisurely breakfast we headed home. Skiing out, in spite of a foot of fresh powder, we found few places where we could link any turns. It took us more than 2 hours to the road with a slow skier. In the morning it had been -6°C; in the forest it became 0°C and the snow began to melt on our packs and clothing, but it stayed powdery on the ground all the way into the valley. So the steeper parts of the road were pretty good skiing.

A visit in the summer showed that the valley to the SW of the hut would offer fairly safe skiing in most conditions. So it would be worth to spend more than one night in this area.

Slopes around upper Long lake in summer



Trip schedule – Please see www.accvancouver.ca for the latest updates

Date	Trip Description	Grade	Contact	Phone / email
JANUARY				
13	Red Heather Meadows—Paul Ridge (ski)	A2	Rob Brusse	604-224-0747
13-14	Marriot Basin	B2	Ron Caves	604-970-7322
13-14	Lillooet Ice	B5	Don Serl	604-872-4244
17	Telemark Clinic	A1	Isabel Budke	ibudke@sfu.ca
20	Whistler / Blackcomb backcountry	B3	Ilze Rupners	604-222-3720
21	Diamond Head (ski)	B3	Melinda Straight	604-980-9921
27-28	Marriot Basin	B3	Manrico Scremin	604-921-2651
27	Decker Mountain	B3	Margaret Hanson	604-873-2276

FEBRUARY				
3	Tricouni via Chance Creek (ski)	B3	Bryce Leigh	604-905-0080
10-11	Cypress Peak or Cloudburst	C3	Ron Caves	604-970-7322
11	Hollyburn (ski)	A2	Melinda Straight	604-980-9921
14	Telemark Clinic	A1	Isabel Budke	ibudke@sfu.ca
15	Avalanche Course by Canada West Mountain School	A1	Susan Baldwin	604-732-4562
17-18	Fat Dog Creek - Manning Park	B2	Roger Bean	604-421-0165
17-24	Pebble Creek Cabin (ski; fly-in, fly-out)	B3	Bryce Leigh	604-905-0080
24-25	Mount Steele—Tetrahedron	B2	Rob Brusse	604-224-0747

MARCH				
3-4	Cloudburst Yo-Yo	B2	Manrico Scremin	604-921-2651
10-11	Mount Duke (joint BCMC ski trip)	B3	Helen Habgood	604-357-3094
17-18	Cayoosh	B3	Tony Knight	604-873-2276
24-25	Phelix Creek hut and ridges (ski)	C2	Rob Brusse	604-224-0747

THE ALPINE CLUB OF CANADA GRADING GUIDELINES

- | | |
|-------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| A - Less than 6 hrs travel/day (not strenuous) | 1 - Gentle slopes. Travel on trails over fairly level terrain. |
| B - 6 to 8 hrs travel/day (moderately strenuous) | 2 - Moderate slopes. Travel may be off trail. Intermediate skiing ability recommended. Easy climbing. |
| C - 8 to 12 hrs travel/day (strenuous) | 3 - Travel in mountainous terrain. Steep forest and glaciers probable. Backcountry equipment and intermediate skiing experience required. Moderate climbing. |
| D - More than 12 hrs travel/day (extremely strenuous) | 4 - Travel over difficult mountain terrain. Advanced backcountry and mountaineering experience, ability and equipment required. Advanced ski mountaineering or moderate to difficult ice or mixed climbing. Ropes and belays required. |
| S - Slower-paced trip, (suitable for seniors) | 5 - Technical ice or mixed climbing. Advanced climbing experience required. |

Please contact trip organizers by the Wednesday prior to the trip or earlier to express your interest. Non-members are welcome to participate once or twice before joining, and are accepted on a space available basis.

Everyone is welcome to attend our meetings at 7:30pm in the Floral Hall of Van Dusen Botanical Gardens, W. 37th Ave. & Oak St in Vancouver on the fourth Tuesday of every month (except July, August and December).

Trip organizers are required to have participants sign the ACC waiver which can be obtained from the climbing schedule organizer, or from: www.aebc.com/acc.

Completed waivers can be mailed to:
Alpine Club of Canada, Vancouver Section,
c/o The Federation of Mountain Clubs of B.C.
130 W Broadway, Vancouver, BC V5Y 1P3
or given to any member of the executive.

CHAIRPERSON
Tony Knight • 604-873-2276

MEMBERSHIP
604-929-9549

TRIP & CLIMBING SCHEDULE
Jay MacArthur • 604-987-1232
Lynn Erickson • 604-224-4883



Return undeliverable Canadian address to:
The Alpine Club of Canada, Vancouver Section,
c/o Federation of Mountain Clubs of BC
130 W Broadway, Vancouver, BC V5Y 1P3